

# The 4x4 Epic Tours Travel Checklist

Everything to sort before you fly — South Africa, Namibia & Botswana routes

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*Which trip are you on? Requirements differ by country — check the notes below against your itinerary: 15-Day Cape Town to Botswana Grand Traverse (SA + Botswana) · 7-Day West Coast & Cederberg Expedition (SA only) · 7-Day Namib Desert & Skeleton Coast (Namibia) · 7-Day Okavango & Chobe Safari (Botswana).*

## 1. Documents

- Passport valid 6+ months beyond entry with 3+ blank pages (Namibia & Botswana requirement — South Africa alone only needs 30 days)
- Visa sorted for your route: South Africa — visa-free up to 90 days (US/UK/EU); Botswana — visa-free up to 90 days (US/UK/EU); Namibia — visa on arrival or e-visa required since April 2025 (no longer visa-free)
- Valid home driver's licence with a photo
- International Driving Permit (recommended if your licence isn't printed in English, or if requested by your insurer/operator or a border post)
- Travel insurance confirmed to cover off-road activity in every country on your route, not just South Africa
- Printed or downloaded return flight confirmation
- Printed or downloaded tour booking confirmation
- Cross-border vehicle paperwork confirmed with your operator if your route enters Botswana (Grand Traverse / Okavango & Chobe) — the temporary import permit and cross-border insurance are arranged for you, but confirm it's in place

## 2. Health Prep

- Routine vaccinations checked and up to date
- Travel clinic appointment booked 4-6 weeks before departure
- Malaria check by route: West Coast & Cederberg (SA) — malaria-free; Namib Desert & Skeleton Coast (Namibia) — malaria-free on this route; Okavango & Chobe (Botswana) — high risk, year-round, antimalarials strongly recommended; Grand Traverse — confirm with us whether your specific stops enter a risk area
- Prescription medication packed for the full trip plus a buffer, in original packaging
- Basic personal first-aid kit (plasters, antiseptic, pain relief)

## 3. What to Pack

- Layered clothing — warm layer for cold camp evenings, breathable layers for warm days
- Closed, sturdy shoes for dune walks and camp
- Wide-brim hat, high-SPF sunscreen, and sunglasses
- Soft-sided, dust-proof duffel bag (skip hard suitcases)
- Dust protection / dry bag for cameras, phones, or drones
- Reusable water bottle

## 4. Leave at Home

- Hardback books and bulky reading material
- Extra pairs of shoes just in case
- Full-size toiletries — travel sizes only, space is limited

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*Note: entry, visa, and health requirements change — always confirm current rules with official government sources for South Africa, Namibia, and Botswana, or your nearest consulate, close to your departure date. This checklist is a planning aid, not official immigration or medical advice.*